# Disc Golf Information

WHAT IS DISC GOLF?

INSTEAD OF CLUBS, BALLS, AND A HOLE IN THE GROUND, DISC GOLF ENTHUSIASTS USE DISCS AND BASKETS (POLE HOLES). DISC GOLF SHARES THE JOYS OF THE POWER OF A LONG DRIVE, OR THE FINESSE OF SINKING A LONG PUTT, BUT ALSO THE FRUSTRATIONS OF HITTING A TREE OR HAVING A PUTT FALL JUST SHORT.

WHO PLAYS DISC GOLF?

DISC GOLF IS VERY UNIQUE IN THAT IT IS PLAYED AND ENJOYED BY ALL ABILITY LEVELS AND BY THOSE OF SCHOOL AGE OR OLD AGE. BECAUSE DISC GOLF IS SO EASY TO LEARN, NO ONE IS **EXCLUDED! MANY DISC GOLF PLAYERS ARE** MEMBERS OF THE PROFESSIONAL DISC GOLF ASSOCIATION (PDGA.COM), THE GOVERNING BODY FOR THE SPORT, WHICH SANCTIONS COM-PETITIVE EVENTS FOR ALL SKILL LEVELS AND AGES, AND PROVIDES MANY PLAYER SERVICES SUCH AS MAINTAINING A COURSE DIRECTORY AND ESTABLISHING RULES OF PLAY.

#### WHERE DO I PLAY?

MOST DISC GOLF COURSES ARE LOCATED IN CITY PARKS. WE ARE VERY FORTUNATE TO HAVE MANY SUCH PARKS IN TEXAS, OKLAHOMA, KANSAS, AND NEW MEXICO. LOCATIONS OF COURSES CAN BE FOUND ONLINE.

## LOCAL DISC GOLF HISTORY

DISC GOLF FORMALLY STARTED IN THE EARLY 1970'S. IN CANADIAN, DISC GOLF WAS INTRO-DUCED IN SUMMER 2013 BY SEVERAL LOCAL AND REGIONAL DISC GOLF ENTHUSIASTS. TODAY THE COURSE IS MAINTAINED THROUGH JOINT EFFORTS OF THE CANADIAN PARKS AND RECRE-ATION DEPORTMENT AND THE CANADIAN DISC GOLF CLUB. THE CLUB WELCOMES ALL PLAYERS TO COME JOIN THEM TO HAVE SOME FUN!

#### LEARN MORE, HAVE MORE FUN!

A PLAYER CAN LEARN MANY NEW TECHNIQUES, IMPROVE HIS/HER GAM E, HAVE MUCH MORE FUN, AND MAKE NEW FRIENDS BY PARTICIPA-TION IN THE CLUB EVENTS, FIND ADDITIONAL INFORMATION BY VISITING PDGA.COM, THE CLUB FACEBOOK PAGE, AND THIS COURSE SIGN ON A REGULAR BASIS



### GENERAL

Disc Galf is played like ball golf using a flying disc. One point is counted each time the disc is thrown or when a penalty is incurred. The object is to play the course and finish with the minimum amount of points.

## TEE THROWS

Tee throws must be completed within the designated tee erea (red tee pads or white tee pads). Do not throw until the player(s) in front of you or other park usors are out of range.

The lie is the spot where the previous throw has landed. All lies should be marked properly, preferably with a mini-disc. The next throw must be made from immediately behind the lie marker.

# THROWING ORDER

After teeing off, the player whose disc is forthest from the hole throws first, unless the away player consents a throw to a closer player. The player with the least amount of throws on the previous hole is the first to tee off on the next hole.

#### **FAIRWAY THROWS**

Fairway throws must be made with the foot closest to the hole just behind the lie (within 30 cm). The other foot may be no closer to the hole than the lie. A run-up and normal follow-through, after release, is allowed (except when within ten meters of the basket).

#### MANDATORY

A mandatory (mando) is a designated route that must be followed as indicated by arrows.

# **Rules for Recreational Play** Here in Canadian there are mando routes for holes 2, OBSTACLES AND RELIEF 3, and 6. If the disc completely passes on the wrong

side of the mando, then the next throw, with a penalty stroke, is to be from the designated 'drop zone' of the respective red tee pad.

#### **OUT OF BOUNDS**

A disc is considered OB if the entire disc is in the OB area. A throw that lands OB, must be played, after a one-stroke penalty, from a point up to one meter in bounds from where the disc lest crossed the OB line. Discs not going OB are also allowed up to a onemeter relief. Discs thrown under any RV, into/across roads or fences, or on top of any buildings are OB. For hole 1 discs thrown across the far left sidewalk into the hole 9 fairway (south of the back of the white tee pad) are OB. Discs thrown into/ocross the sidewalk on hole 9 are OB.

Players must choose a stance that results in the least movement of any obstacles. A player may not hold back or bend branches to make a throw. Casual obstacles (creek water, broken off branches, vehicles, etc.) can allow a player to relocate the lie to a location, which is no closer to the hole: is on the line of play; & not more than five meters from the original

#### PUTTING

Any throw from within 10 meters or less is considered a putt. The player must demonstrate full control of balance before advancing toward the hole.

#### COMPLETION OF HOLE

A disc that comes to rest in the basket or chains constitutes successful completion of that hole. A throw

that results in the disc resting on top of the basket isnot considered completion of the hole.

### PENALTIES

Penalties are awarded for OB throws, mando violations, intentional dropping of trash, etc. Other course penalties can be awarded based on guidelines found in the Professional Disc Golf Association Rules of Play.

#### **COURSE COURTESY**

The player is always given the benefit of the doubt in interpreting the rules. It is widely known that players who pick up trash and help new players understand and play by the rules Will begin to make many long putts! Finally, all disc golfers must remember the most important rule of all:

"The one who has the most fun wins!"